

## PCR TEST Patient Information

### Health Declaration

Before you are tested you will be required to confirm that you have read the **Health Declaration** to state that you are free of the symptoms of COVID-19.

### PCR Test

A PCR (Polymerase Chain Reaction) test, is a swab test to detect the virus that causes Coronavirus Disease 2019 (COVID-19). A positive test result means you actively have the virus.

The PCR test is performed by a qualified Health Care Professional and takes about five minutes to perform.



1. A swab is taken of the tonsils and across the back of the throat. This may cause a gag reflex which is perfectly normal.
2. The same swab is used to take a sample **just** inside the nasal passage.

Once your sample has been taken, it is then sent to a laboratory.

### Getting your results

Your results will be available within **48 hours**.

You are normally notified by your Manager &/or a health care professional if your test results are positive however, most people's test will be negative.

If you are POSITIVE for COVID-19, you will be told what you **MUST** do by your organisation's medical team.

1 of 2

### **After you have been tested**

After your test, you will be asked to adopt the following standard precautions.

- Wear face coverings in public areas
- Wash hands regularly/use hand sanitiser
- Maintain social distancing
- Report any symptoms to the designated medic or your manager
- Avoid public transport if possible

### **Follow-up screening**

You will be required to have your temperature checked each day. A repeat COVID-19 swab test will be conducted.